

Seven Hills Public School Canteen Menu 2020

<p><u>SANDWICHES / TOASTIES / WRAPS</u></p> <ul style="list-style-type: none"> ☆ Cheese \$2.00 ☆ Vegemite \$2.00 ☆ Cheese and Tomato \$2.50 ☆ Ham \$2.50 ☆ Ham and Cheese \$3.00 ☆ Ham, Cheese and Tomato \$3.50 Ham and Salad (sandwich or wrap only) \$3.50 Super Salad (sandwich or wrap only) \$3.50 		<p><u>SALAD BOX</u></p> <ul style="list-style-type: none"> Mini Salad – Lettuce, Tomato, Cucum7ber and Carrot with Balsamic Dressing on the side. \$2.50 Super Salad – Lettuce, Tomato, Cucumber, Carrot, Beetroot, Cheese and Balsamic Dressing. \$3.50 Add BBQ Chicken to any menu item \$1.00 Add Ham to any menu item \$1.00 Add Cheese to any menu item 50c 	
<p><u>HOT FOOD</u></p> <ul style="list-style-type: none"> ☆ Chicken Nugget*** Halal certified 60c ☆ Tenders (plain or sweet chilli) \$1.20 ☆ Homemade Garlic Herb Bread 60c ☆ Mrs Mac Lite'n Up Mini Pie 90c ☆ Potato Gems (serve 8) \$1.00 Mini BBQ Chicken Wrap with Lettuce & Mayonnaise \$2.70 BBQ Chicken Wrap with Lettuce & Mayonnaise \$3.50 Mini BBQ Chicken Works Wrap with Mayo, Lettuce, Carrot, Cucumber, Tomato & Cheese \$3.70 BBQ Chicken Works Wrap with Mayo, Lettuce, Carrot, Tomato, Cucumber & Cheese. \$4.50 Cheese Hamburger with BBQ Sauce \$3.30 Works Hamburger with Cheese, Lettuce, Tomato, Beetroot, Carrot & BBQ Sauce \$4.50 Grilled Chicken Burger w/Lettuce & Mayo \$3.50 Works Grilled Chicken Burger w/Mayo Lettuce, Tomato, Carrot & Cheese. \$4.50 Home Style Cheese Pizza with BBQ sauce \$3.00 Home Style Ham and Cheese Pizza \$3.50 Home Style Ham and Pineapple Pizza \$4.00 Home Style BBQ Chicken Pizza with BBQ sauce \$4.00 Lasagne \$3.50 Vegetarian Rice \$3.50 Coconut Chicken Curry with Rice \$4.50 Butter Chicken & Rice \$4.50 Bolognaise & Pasta \$4.50 		<p><u>DRINKS</u></p> <ul style="list-style-type: none"> ☆ Water \$1.00 ☆ Apple Juice \$1.30 ☆ Orange Juice \$1.30 ☆ GLEE Sparkling Tropical Juice \$1.60 ☆ GLEE Sparkling Blackcurrant \$1.60 ☆ Chocolate or Strawberry Oak Milk \$1.50 ☆ Warm Milo Milk \$1.50 ☆ Cold Milk \$1.00 Milkshake - Chocolate or Strawberry \$2.10 Real Fruit Banana Smoothie with Low Fat Milk, Yogurt, Honey and Bananas. \$2.30 <p><u>ICE BLOCKS & FROZEN TREATS</u></p> <ul style="list-style-type: none"> Frozen Fruit Juice Cup 60c TNT Sour Apple Ice Mony 80c Berri Frozen Sticks 80c Chocolate Moosie \$1.00 <p><u>SNACKS</u></p> <ul style="list-style-type: none"> ☆ Popcorn Time (lightly salted) 60c ☆ Delites (sour cream & chives) 60c ☆ Red Rock Deli Crisps \$1.10 <p><u>FRESH FRUIT & VEG (seasonal)</u></p> <ul style="list-style-type: none"> Mandarin 80c Apple 80c Orange 80c Peach 80c Banana 80c Carrot, Cucumber, Celery, Cheese (mixed combinations) \$1.00 BBQ or Tomato Sauce 30c <p><small>*Full fat milk may be used as substitute **Items may contain traces of tree nuts, peanuts, gluten, egg & or dairy products.</small></p>	

Online orders must be placed by 8:30am
Counter orders must be placed by 9:00am

☆ Items with a star are available Recess or Lunch
Revised Term 2 2020

Canteen Opens at 8:45am & Closes at 1:45pm Wednesday, Thursday & Fridays