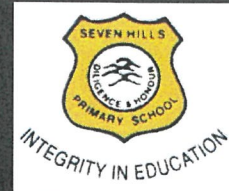


# Seven Hills STAR

*Achieving A Quality Education For All Students In A Caring Environment*



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Website: www.sevenhills-p.schools.nsw.edu.au

Term 3 Week 6

Friday, 31<sup>st</sup> August 2018

## Calendar

### Important Dates

#### Term 3, Week 7



Tuesday 4<sup>th</sup> September - Choir and Dance full day rehearsal and evening performance from 7pm

Blacktown Festival of Performing Arts @ Wyndham College

Thursday 6<sup>th</sup> September - Zone Athletics Carnival

Friday 7<sup>th</sup> September - Last week of Winter PSSA

#### Term 3, Week 8

Tuesday 11<sup>th</sup> September - Stage 2 and 3 Spelling Bee Regional Final @ Werrington Public School

Thursday 13<sup>th</sup> September – 2.10 pm P&C meeting  
ALL WELCOME

Friday 14<sup>th</sup> September - PSSA Bye  
School Assembly 2pm – Celebrate student success!

## Principal's Message

Good afternoon families and friends,

Well, they say time flies when you're having fun! At Seven Hills Public School, we're certainly experiencing that as we find ourselves past the half way mark of Term 3. Over the past couple of weeks we've enjoyed a variety of learning activities for all of our students, with much more to come before the term is over.

**Athletics Carnival** – This outstanding day was a great success, and I would like to publicly acknowledge the work of Mr Haynes and Mrs Seymour, as well as all of the teachers and volunteers. The children (and adults) enjoyed a fun day of physical activity at Seven Hills High School. We now wish our 20 students who will be attending the Zone carnival the very best of luck. We know they will be excellent ambassadors for themselves, their families and school at the next level of competition.

**Staffing** – It is with sadness that Mrs May announced this week that she would be taking up a Deputy Principal Instructional Leadership position at Crawford Public School starting Week 7 of this term. This is a temporary engagement over the next three years. We are fortunate that Mrs May will continue to work at Seven Hills Public School each Thursday for the remainder of the year. Mrs May is an outstanding educator, and her presence will be missed at our school. Mr Haynes will very capably step into the position of Relieving Assistant Principal (5 days) for the rest of 2018. He will spend each Tuesday leading, guiding and mentoring teachers and classes throughout the school while Mrs Danov teaches 3/4P one day a week.

#### Office Hours:

**Monday – Friday**  
8.30am - 3.15pm

#### OOSH Hours:

**Monday – Friday**  
6.30am – 8.30am & 3.00pm – 6.00pm  
0421 058 783

#### Canteen

**Wednesday, Thursday and Friday**  
8.45am - 1.40pm

#### Uniform Shop

**Mondays and Fridays**  
9.00-10.00am



**Woolworths Seven Hills** – It is with great appreciation that we recognise the generosity of Woolworths Seven Hills. Earlier this week, they donated a pie oven to our P&C run canteen, providing more menu options for our students. Healthy bodies equal healthy minds! This local business has also donated many items of fresh fruit and vegetables, as well as a rice cooker and slow cooker. Partnerships with local business are truly appreciated in fuelling our wonderful learning community.



**NRMA Science and Safety Day** – Last week, all students K-6 participated in a Science and Road Safety day courtesy of the NRMA. Mrs Suleiman worked tirelessly to ensure the day was a success. Students were engaged in many hands on and at times very exciting activities, with some even testing out future travel on a hoverboard!



**Blacktown Festival of Performing Arts** - Next Tuesday September 4, Seven Hills Public School students will proudly perform as part of the massed choir and dance group. We wish these students every success as they excel in the Performing Arts!

**Regional Spelling Bee** - Tuesday, September 11<sup>th</sup> will see the staging of the regional spelling bee at Werrington Public School. Avneet Singh, Anthea Crompton-Pass Stage 2 and Chrisha Gonzales, Mihijit Singh Stage 3, will be representing our school at this event and we're sure they will demonstrate the same high quality spelling skills which saw them emerge as school champions in our finals a few weeks ago. Good luck to all the boys and girls involved!

I'm sure you would agree that our students are involved in a wide variety of academic, sporting and cultural events at Seven Hills Public School. As I said to the students at our last assembly, we love celebrating the "sparkle in our day" at Seven Hills Public School. With all of the events listed above, as well as the learning happening in each and every classroom every day, our dinner tables should be full of conversation about the daily highlights we all enjoy as we share the learning journey together...

*Mr Allan Ison*

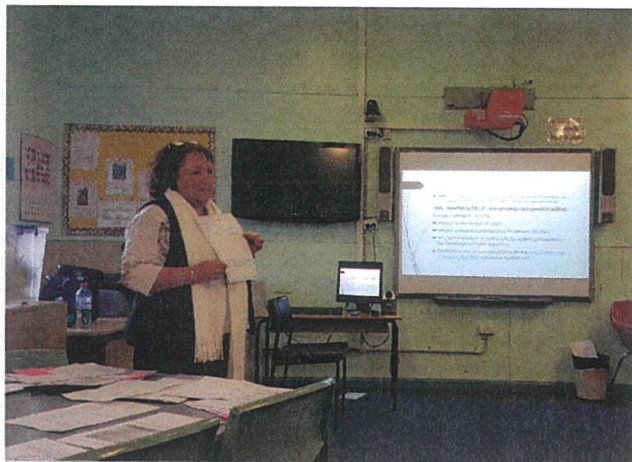
*Relieving Principal*

Email: [sevenhills-p.school@det.nsw.edu.au](mailto:sevenhills-p.school@det.nsw.edu.au)



## Teacher Professional Learning

In the last two weeks, our teachers have been very busy participating in Positive Behaviour for Learning: Classroom Systems training, iPLAY training, professional learning on the new PDHPE syllabus and resources that will provide support for students learning English as an additional language or dialect (EAL/D). Some of these training sessions have been led by our very talented teaching staff, including Mrs Suleiman and Mrs Seymour. We thank them for sharing their expertise and knowledge with our teachers to support the learning of students across the school.



## Teacher Accreditation

To achieve accreditation at the career stage of Proficient, teachers work through a developmental process where they are supported by their supervisors to develop their practice to meet the Australian Professional Standards for Teachers. Mrs Danov has been working on her accreditation over the past couple of years at our school and this week she successfully achieved her Proficient Teacher accreditation and was awarded with her certificate. We are very proud of Mrs Danov and congratulate her on this wonderful achievement.



## K-2 Technology

Mrs Seymour, Mrs May and K/1 Blue have been busy again developing their understanding of block coding using the ipads. The students have thoroughly enjoyed these activities and are demonstrating some amazing skills in problem solving, critical thinking and communicating their ideas with others. Keep up the great work K/1 Blue!



Mrs May  
Assistant Principal



## Skill in Focus- Overarm Throw



## How to:

1. Eyes focused on target throughout the throw.
2. Stand side-on to target.
3. Throwing arm moves in a downward and backward arc.
4. Steps towards target area with foot opposite throwing arm.
5. Throwing arm follows through, down and across the body.



**Cancer Council NSW** Nutrition Snippet

## The simplest way

...to keep lunch foods fresh.

Food packed at home in the lunch box needs to stay fresh and safe to eat at school.

Meat, fish, poultry, eggs, noodles, rice, pasta, custard, yoghurt, cheese and milk need to be kept very cold to prevent food poisoning.

Pack lunches in a cooler bag with a cold brick or use a frozen bottle of water to keep food cold.



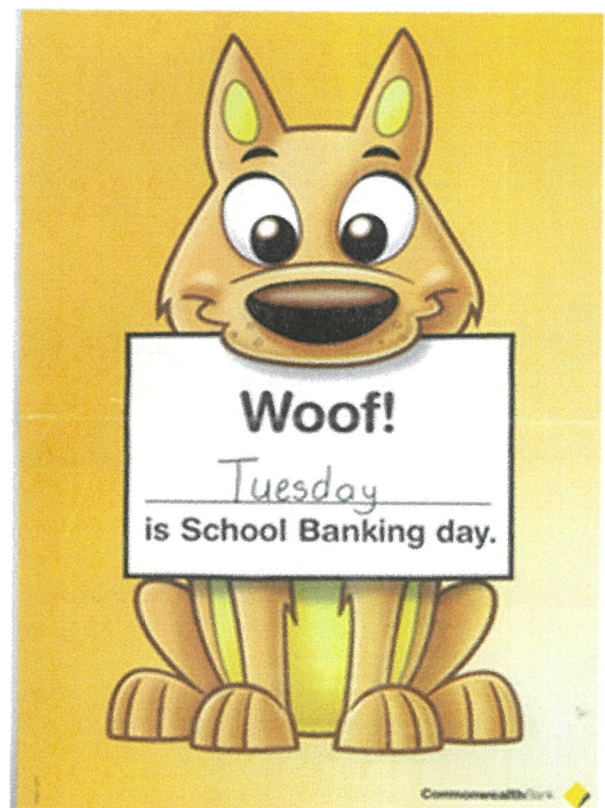
Items such as sandwiches, milk poppers, yoghurt, custard tubs, muffins, or fruit segments can be frozen to pack on hot days.

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.

**NSW** Health Western Sydney Local Health District

**Eat It To Beat It**



**Love of Learning**  
**3/4P**

3/4P have been learning to write arguments and support our opinions with evidence and examples. We have been studying a unit called Protect our Planet and have been focussing on the effects of deforestation. Here are a few samples of our work:

**Deforestation**

Deforestation is when people cut down trees for resources and to make space for building.

Deforestation is bad because it harms wildlife. It should be stopped.

Many animals such as orangutans, elephants and tigers are threatened by unsustainable palm oil production. All of these animals are endangered because of deforestation. Tigers and orangutans like climbing trees. Imagine if, one day these adorable animals were extinct. All these things are caused by deforestation.

Trees absorb carbon dioxide and provide the oxygen that is needed to live. Trees stop pollution and make air clean and healthier for us. If deforestation is continued, we might have no rainforests in 100 years to clean and make the air healthy. Imagine what the air would be like to breathe.

Trees contain medicine that we need. If there are no trees, everyone will die VERY quickly if deforestation continues. If you love your friend, family and yourself, stop deforestation.

Deforestation should be stopped. Stopping deforestation would save the lives of millions of animals and keep us healthy by giving us clean air to breathe.





## Deforestation

Deforestation is when trees get chopped down for timber or to make room for buildings! I feel terribly sad about deforestation.

Firstly, trees clean the air by absorbing carbon dioxide and making clean oxygen. Cutting down lots of trees will mean our air will be polluted and make us sick when we breathe it.



Tasmania has very rare trees and lots of countries want them. Lots of important rainforests in Tasmania are being destroyed because of deforestation. They will never come back.



Thirdly, trees are homes to animals for example Koalas, monkeys and Orangutans. those animals are important to nature. When people cut down rainforests these animals have nowhere to live and if they can't find somewhere else to go

they die.

by Rheece





# COME FLY WITH US

AT WYNDHAM COLLEGE

MEET NEW FRIENDS

STUDY WITH STAGE 6 EXPERTS

## ELITE SPORTS ACADEMY

- Cert II in Sports Coaching
- Expert Coaching
- Elite talent identification and development
- Our athletes regularly obtain regional, state and national selection
- Mentors provided for every athlete
- State of the art facilities

## STUDY CERT III in AVIATION

where graduates will gain:

- Cert III in Aviation (Remote Pilot's Licence – Visual Line of Sight)
- Remote pilot's licence (CASA)
- Aeronautical Radio Operator's Certificate (AROC)

## PLATINUM CLUB

An academic stream for highly aspirational students

In 2017:

- Top ATAR of 97.5
- 10 students with ATARs in the 90s
- Over 40 Band 6 results
- 10<sup>th</sup> in state - Software, Design & Development

## RANGE OF EDUCATIONAL OPTIONS

Broad senior curriculum

## ACADEMIC PARTNERSHIPS

Study a first year subject at Western Sydney University while completing your HSC. You can receive guaranteed entry to WSU and a \$20,000 scholarship (dependant on results)

## TAKE ADVANTAGE OF OUR OUTSTANDING

Creative & Performing Arts Programs

- Sir William Dobell Art Foundation Award
- HSC Students regularly selected for:
  - ❖ Art Express
  - ❖ En Core (Drama)
  - ❖ Call Back (Dance)
  - ❖ Viva Voce (Music)

ARE YOU READY TO FLY? Wyndham College is accepting *Expression of Interest* for Year 11 2019.

Complete your *Expression of Interest* to Enrol at Wyndham College found on our website <http://web3.wyndhamcol-h.schools.nsw.edu.au/how-to-apply>. You can also access a Platinum Club application and the application to enrol in the Cert III in Aviation course.





## KILDARE ROAD MEDICAL CENTRE ALLERGY CLINIC NOW OPEN!

Do you suffer from a runny nose, runny or itchy eyes or excess mucous production?  
If so, you may be allergic to common airborne allergens such as:

- *animal dander*
- *house dust mites*
- *mould spores*
- *pollens (grass, trees, weed)*

To find out about diagnosis and treatment for these allergies book an appointment with  
Dr. Phil Humphris or Dr. Nabeel Makmahi today:

- *online at [kildaremedical.com.au](http://kildaremedical.com.au)*
- *via the HotDoc App (free from the App Store)*
- *call Reception on 8822 3000*

**BULK BILLING OPEN 7 DAYS**

**36 Kildare Road, Blacktown, NSW 2148**

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Blacktown NSW 2148

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