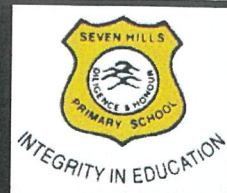


Seven Hills STAR

Achieving A Quality Education For All Students In A Caring Environment



2A Lucas Road, Seven Hills NSW 2147 T: 9624 3441 F: 98384893 E: sevenhills-p.school@det.nsw.edu.au
Website: www.sevenhills-p.schools.nsw.edu.au

Term 4 Week 7

Friday, 30th November 2018

Calendar

Important Dates



Term 4, Week 8

Wednesday December 5th Helper Morning Tea 11.00am
Thursday December 6th – P&C Meeting. All Welcome!
Friday December 7th – Year 6 Farewell
Friday December 7th – Whole School Assembly 2pm

Term 4, Week 9

Monday 10th December – Leadership 2019 speeches
(Year 5 students)
Friday 14th December – Movie Day

Office Hours: Monday – Friday 8.30am - 3.15pm	OOSH Hours: Monday – Friday 6.30am – 8.30am & 3.00pm – 6.00pm 0421 058 783
Canteen Wednesday, Thursday and Friday 8.45am - 1.40pm	Uniform Shop Mondays and Fridays 9.00-10.00am



Principal's Message

Good afternoon families and friends,

With only two and a half weeks to go, we look forward to enjoying a well-earned summer break while at the same time remaining focused on all that lies ahead over the coming days as we wrap up the end of Term 4.

Kindergarten Orientation 2019 – This week, we held the final night session of our Kindergarten orientation program in preparation for 2019. Our newest learners have now had the opportunity to attend three daytime sessions, making connections with their teachers and peers while preparing for “big school”. I would like to take this opportunity to thank our wonderful staff for all the effort that goes into co-ordinating such a seamless transition program. We are very lucky to have such committed and knowledgeable educators here at SHPS!

Working Bee – During Week 6 Term 4 (Thursday 22nd November from 2pm – 7pm) we held a working bee at our beautiful school. We can all do with a little TLC from time to time, and this was a great opportunity for us to pitch in and help further enhance the physical surrounds of our school. We had many parents and students volunteer their time and talents, planting veggie gardens, spreading mulch and painting handball squares. This, combined with our newly installed basketball backboards has significantly improved the brightness of our playground at SHPS. Many thanks to all volunteers, and especially to Bunnings Seven Hills, who generously donated paint, supplies and time to help make our working bee a success!

New Principal 2019 - As you may be aware, a merit selection process has recently been run to appoint the new Principal of Seven Hills Public school. It is



Education
Public Schools

with great pleasure that I can now announce that Mrs Tamara Prout has been successful in this process and will begin as the substantive Principal beginning Term 1 2019.

Mrs Prout brings a wealth of enthusiasm and knowledge of curriculum development to the position and I am sure that she will be made feel most welcome by our students, community and teachers as she leads Seven Hills Public School into the next phase of growth and development.

I thank you for the opportunity of working with you this semester and look forward to continuing to celebrate the learning journey with each of you as we draw Term Four to a close over the coming weeks.

Drought Fundraiser – This week, our students had the opportunity to connect with Trundle Central School who are living through the current drought crisis. Trundle Central School is located just outside Parkes, and has a total enrolment (K-12) very similar to that of Seven Hills PS (approximately 140 students). On Tuesday, we connected via Virtual Classroom, where our students had the opportunity to ask (and be asked!) questions of students from this country community. Many common areas and differences were discussed. On Thursday, we then witnessed a fantastic response from our students, raising much needed funds and creating messages of support via video. Our students and teachers looked fantastic dressed up as farmers, and with the support of the P&C run cake stall, we were able to raise \$389 to be directly donated to the Trundle learning community. Keep an eye out on our website where we will post our Trundle video with messages of support over the next couple of weeks. Again, I sincerely thank you for your support of this worthwhile cause.

Enjoying the learning journey...

Mr Allan Ison

Relieving Principal

Email: sevenhills-p.school@det.nsw.edu.au

Website: www.sevenhills-p.schools.nsw.edu.au


Nutrition Snippet

The simplest way

...to keep lunch foods fresh.

Food packed at home in the lunch box needs to stay fresh and safe to eat at school.

Meat, fish, poultry, eggs, noodles, rice, pasta, custard, yoghurt, cheese and milk need to be kept very cold to prevent food poisoning.

Pack lunches in a cooler bag with a cold brick or use a frozen bottle of water to keep food cold.



Items such as sandwiches, milk poppers, yoghurt, custard tubs, muffins, or fruit segments can be frozen to pack on hot days.

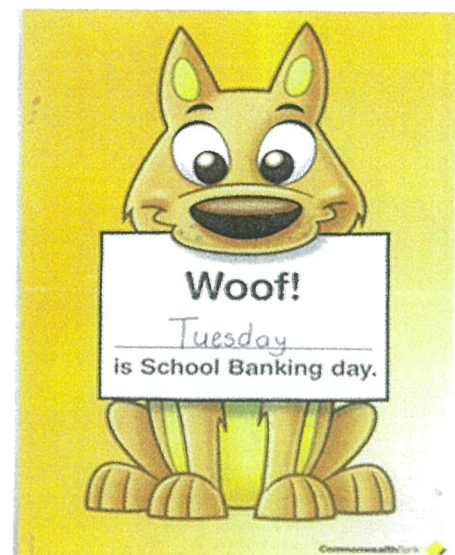
For more information visit www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program



Health
Western Sydney
Local Health District





P&C Meeting

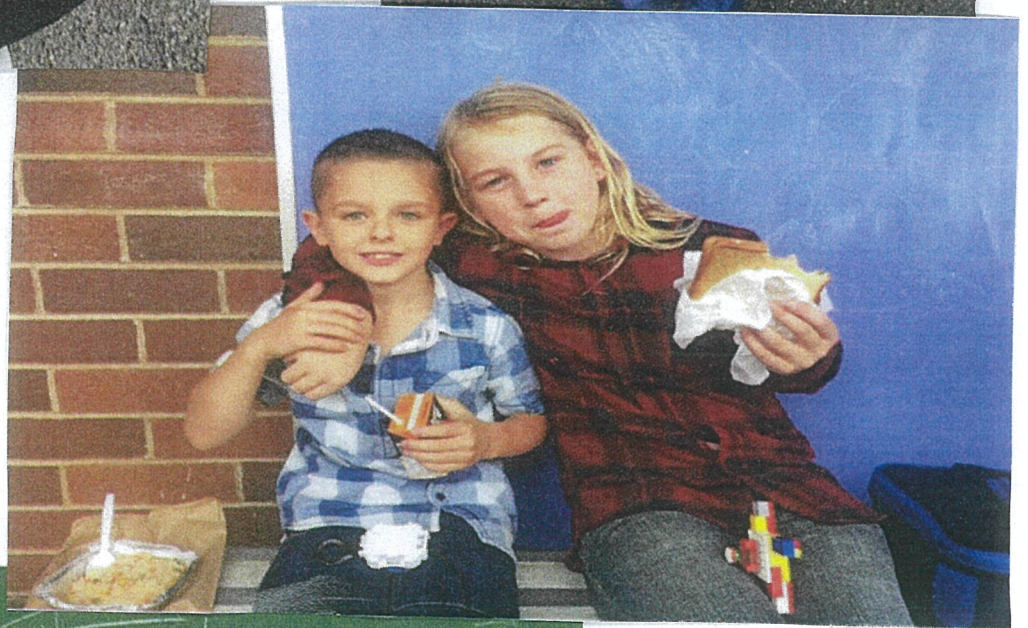
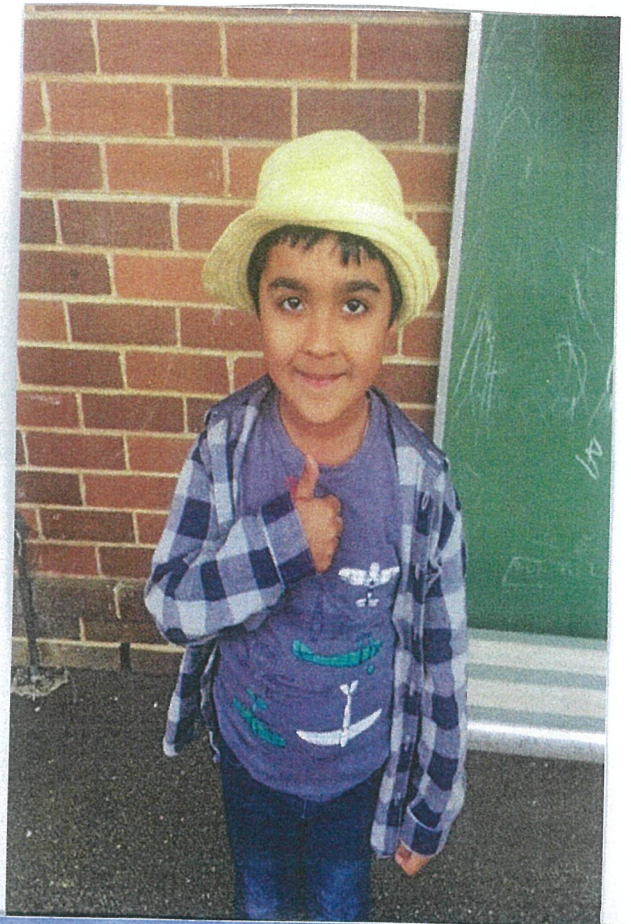
When: Thursday, 6th December

Time: 2.10pm

Where: RFF Room

ALL WELCOME!



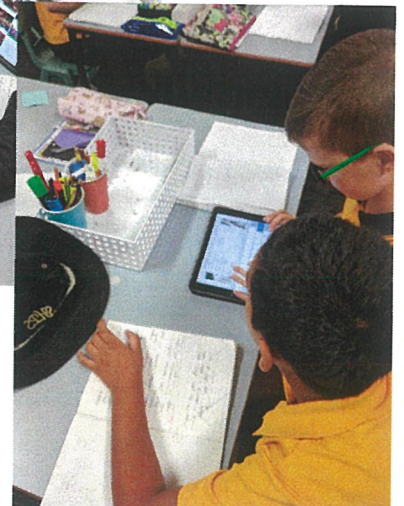


3/4P

In Mathematics 3/4P have been learning to explain and solve addition and subtraction problems using a variety of different methods.



In Geography 3/4P have been researching our neighbouring countries. In pairs, students have chosen one country and are creating a short tourism video.



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KILDARE ROAD MEDICAL CENTRE ALLERGY CLINIC NOW OPEN!

Do you suffer from a runny nose, runny or itchy eyes or excess mucous production?
If so, you may be allergic to common airborne allergens such as:

- *animal dander*
- *house dust mites*
- *mould spores*
- *pollens (grass, trees, weed)*

To find out about diagnosis and treatment for these allergies book an appointment with
Dr. Phil Humphris or Dr. Nabeel Makmahi today:

- *online at kildaremedical.com.au*
- *via the HotDoc App (free from the App Store)*
- *call Reception on 8822 3000*

BULK BILLING OPEN 7 DAYS

36 Kildare Road, Blacktown, NSW 2148

CGDS

CONSTANT GROOVE DANCE STUDIO

SUNDAY 16TH DEC

FREE!

TRIAL DAY

1/3 BEARING RD, SEVEN HILLS

11/U JAZZ
LYRICAL
HIP HOP
11AM-2PM

12+ JAZZ
LYRICAL
HIP HOP
1PM-4PM

JOIN THE STUDIO
THAT EVERYONE
IS TALKING ABOUT!

0414 277 677



WHY do kids need a hand in traffic?



Kids grow up quickly, and constantly surprise us with what they can do, however they are not ready to be left alone around traffic until they are at least 10 years old.



This is because:

- kids often say they can look after themselves, but do not understand the dangers and risks involved.
- kids can be unpredictable and difficult for drivers to see.
- kids may have difficulty knowing where traffic sounds are coming from, even when they do remember to listen.
- kids cannot judge the speed or distance of oncoming cars.
- kids think about things that are important to them and forget all about looking for cars.



WHERE do kids need a hand in traffic?



It only takes one moving car to present a danger.

Kids need a hand wherever it is possible a car may be moving.



This includes:

- Busy streets
- Traffic lights
- Quiet streets
- Residential areas
- Footpaths
- Car parks
- Pedestrian crossings
- Driveways
- Roundabouts
- Local streets
- Shopping centres
- Around schools.



Do you need a hand?

- Contact Kidsafe NSW (02) 9845 0890
- Visit the website www.kidsafensw.org
- For further information about child road safety, ask your child's teacher about the *Move Ahead With Street Sense* resource.

kids need a hand in traffic



Child Pedestrian Safety In Communities Project 2002
Based at Kidsafe NSW
and funded by the Motor Accidents Authority



HOW can parents and adult carers give kids a hand in traffic?

We know that your children's safety is very important to you.

Here are a few tips to keep them safer.

Hold hands

- Kids need to be actively supervised in and around traffic. Hold hands with your children when crossing the road, until they are at least 10 years old.
- If your hands are full, make sure your children hold onto a trolley or pram, your bag or even your arm or sleeve.

Set a good example

- Kids are always watching - they want to be just like adults - make sure you always set a good example.

Talk with your kids about traffic and roads

- As you are walking, talk with your children about why you are stopping, and what you are looking and listening for. Explain to them where it is safer to cross and why.



kids need a hand in traffic



SEVEN HILLS OUT OF SCHOOL HOURS CARE

KIDS ARE COOL



6.30-8.30 am

3.00-6.00 pm

Your school child/ren can attend and have lots of fun while you go;

- ✦ to work
- ✦ shopping
- ✦ appointments/meetings
- ✦ catch up with a friend/s.
- ✦ or have some me time



Your child/ren will be supervised and having **'SO MUCH FUN'**.



- ✦ Craft, painting
- ✦ Dancing, performing
- ✦ Playing with friends
- ✦ Computer games & Consoles
- ✦ Outdoor activities

Kids can even do their homework together.

BREAKFAST AND AFTERNOON TEA SUPPLIED.

FUN FUN FUN FUN FUN FUN.

BE PREPARED AND HAVE YOUR ENROLMENT FORM COMPLETED

Bookings, please sms mobile - 0421058783

You never know when you may need the SHPS OOSH service.

We are here for all the schools children and their parents.